



GERMANY



Deutschland

World Region I **EURO** - Europe & Central Asia



COUNTRY AND DEMOGRAPHIC DATA

Capital - **Berlin**

Population (n) - **83,797,985**

Literacy: youth total (15-24 years) - **--%**

Government expenditure on education - **4.6%**

Official entrance age to each school level (years)

Primary - **6** | Secondary - **10**

Duration by educational level (years)

Primary - **4** | Secondary - **9**

Duration of compulsory education (years) - **10**

School-age population by level of education (n)

Primary - **3,237,904** | Secondary - **6,992,636**

World Bank income category - **High income**



NATIONAL AND OFFICIAL PHYSICAL EDUCATION CURRICULUM

	Primary education	Secondary education
Yes, for all school years	☐	☐
Yes, for some of the school years	☐	☐
Only at a subnational level	☒	☒
No	☐	☐

Nordrhein-Westfalen - Curricula for Primary School in North Rhine-Westphalia (2021); Core Curriculum for Secondary Schools in North Rhine-Westphalia: Sports (2019)

NATIONAL POLICY REQUIRING MANDATORY PHYSICAL EDUCATION

	Primary education	Secondary education
Yes, for all school years	☐	☐
Yes, for some of the school years	☐	☐
Only at a subnational level	☒	☒
No	☐	☐

Nordrhein-Westfalen - Quality Development and Support Services in School Sports (2012); School Sports and Health Promotion - Ministry of School and Education of the State of North Rhine-Westphalia (2024)

NATIONAL POLICY REQUIRING MINIMUM PHYSICAL EDUCATION TIME*

	Primary education	Secondary education
Yes, for all school years	☐	☐
Yes, for some of the school years	☐	☐
Only at a subnational level	☒	☒
No	☐	☐

Primary education

Grades 1 to 4: 3 lessons/week, 45 minutes/lesson

Secondary education

Grades 5 to 7: 3 or 4 hours/week

Grade 8: 3 hours/week

Grades 9 and 10: 2 hours/week

Grades 5 and 6 combined have 6 to 8 hours in the old curriculum and 7 in the new curriculum.

Grades 7 to 10 combined have 10 to 12 hours in the old curriculum and 11 in the new curriculum.

Nordrhein-Westfalen - Primary School Sports Curriculum (2021); Schulsport Nordrhein-Westfalen Website - Scope of Application (2020); Regulation About the Education Program in Primary School (2022); Schedule of Classes for Lower Secondary Education - Gymnasium (2019); Regulation on Training and Final Examinations in Lower Secondary Education (2024)

* The minimum and mandatory time is clearly stated in the policies.

PHYSICAL EDUCATION SURVEILLANCE

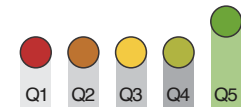
National surveillance system to evaluate **NO**
Physical Education policy implementation



PHYSICAL EDUCATION AND SCHOOL-BASED PHYSICAL ACTIVITY INTERVENTION RESEARCH



Position in the ranking (n=56)



Low → High
Research articles quintiles (Q)



2.38%

Contribution to



16

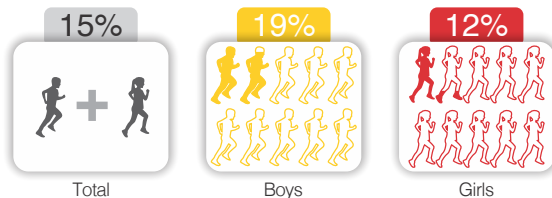
Number of articles

This Country Card is part of the 1st Physical Education Almanac (free resource on the GoPE! website)

For a description of the indicators and data sources visit:
www.globalphysicaleducationobservatory.com/country-cards

PHYSICAL ACTIVITY PARTICIPATION

Physical activity prevalence estimates for adolescents



Finger et al. Journal of Health Monitoring (2018)



Contact
Information

Name: Johannes Carl
Institution: Friedrich-Alexander-Universität Erlangen-Nürnberg, Department of Sport Science and Sport, Germany; Deakin University, Institute for Physical Activity and Nutrition, Australia
Name: Clemens Töpfer
Institution: Friedrich Schiller University Jena, Institute of Sport Science, Jena, Germany
Name: Sophie C. Engelhardt
Institution: University of Hamburg, Faculty of Education, Germany