



Germany – Country Card Additional Information

Country and Demographic Data

Germany has an official source that provides information on the school-age population: [Official Statistics, by the Ministry of Education and Research](#).

Physical Education Policy

There are 3 hours of physical education per week as minimum and mandatory, resulting in approximately 420 hours accumulated across all four grades of primary education. The schools can rearrange the length of lessons (e.g., 60 instead of the regular 45 minutes) for organizational purposes, but the weekly number of hours is mandatory to finally meet competence standards in nine different fields of sports.

The number of hours throughout the years is mandatory, but the schools have slight flexibility in how to reach the minimum number established.

Although grades 11 to 13 are not compulsory, in Nordrhein-Westfalen there is a minimum and mandatory time required for physical education ([Gymnasium \(11-12 or 13\): BASS 2024/2025 – Stichwortverzeichnis, 2023](#); [Regulation on the Educational Path and the Abitur Examination in the Gymnasial Upper Secondary School, 2023](#)):

- Grade 11: 3 hours/week
- Grades 12 and 13: 3 hours/week (if basic course) or 5 hours/week (if specialization course)