

Global Observatory for Physical Education

Malta – Country Card Additional Information

Country and Demographic Data

In Malta, attending sixth form (grades 12 and 13) is optional and is considered to be post-secondary education.

Physical Education Policy

Regarding the existence of physical education time, although the minimum time required is not stipulated, in primary education 2 lessons of 40 minutes are delivered (one by the class teacher and one by a specialist peripatetic teacher). However, this is not written in any policy. In the past, 2 hours per week were stipulated, and lately 5% of 26.5 hours (i.e. 1.325 hours). The official time in middle schools is 3 periods of 40 minutes, while in secondary school there are 2 periods of 40 minutes.

A project (Ready-set-play) is currently being piloted in primary schools, aiming at increasing the frequency of physical education lessons to 5 lessons per week.

